

## KEY HIGHLIGHTS 2018 – 2019



- We now have a full time Program Manager and full time Inland and Coast Action Team Coordinators to help us accomplish the work of the **Community Health Improvement Plan (CHIP)** to support the Action Teams and build strong and healthy communities.
- All **Action Teams** have completed their Goals and Objectives with Measurements and Key Strategies for their work on community level change using best practices and equity as a lens.
- Hosted two **Healthy Mendocino Summits**, one inland and one on the coast for the Action Teams.
- We started on the **2019 Community Health Needs Assessment (CHNA)** in collaboration with Mendocino County, Adventist Health Hospitals, FIRST 5, North Coast Opportunities, Redwood Community Services, Redwood Quality Management Company, and the health clinics.
- Created **“The Susan Baird Kanaan Award”** as an annual award to be presented to a community member who has exhibited “Exemplary Service for Creating Community Health.” Susan was the 2018 inaugural recipient.

The website contin-



ues to be updated, we



have new indicators for **Oral Health Homelessness**. The home page has a new design creating a fresh, clean

### UPDATES FROM THE ACTION TEAMS

#### Family Wellness & Childhood Obesity

Working on a pilot project in the schools to promote more physical activity for the whole family. Goal is to have a wellness champion at each school.

#### Childhood Trauma

Developing a detailed capacity map to better understand where there are gaps and overlaps in prevention, intervention and program capacity. North Coast has created a Community Resilience Leadership campaign.

#### Housing

Working with the cities of Fort Bragg & Ukiah and the

County to revise their Housing Elements which will guide housing development for the next 8 years. Established free ADU design plans for Fort Bragg and the County.

#### Mental Health

Curating a digital library of best practices and policies to improve the physical, fiscal and mental health of our workforce. North Coast is working with Childhood Trauma on the Community Resilience Leadership campaign.

#### Poverty

Facilitating a collaborative effort to create an entrepreneurial incubator for low-income individuals who have a service or product they want to monetize, called

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