



## Contact Us



For more information about Healthy Mendocino, or to schedule a presentation for your information, please contact the site administrator, Michelle Rich, at [research@mendochildren.org](mailto:research@mendochildren.org).

To subscribe or unsubscribe please contact us [here](#).

---

To ensure you receive our monthly newsletter, make sure you add [research@mendochildren.org](mailto:research@mendochildren.org) to your address book.

This May expecting to be pregnant and pregnant women may receive one FREE non-alcoholic beverage with the purchase of a meal at the participating restaurants. Visit [Healthy Mendocino](#) to find a list of participating restaurants and learn more about the impact of prenatal alcohol use.

This email was sent to you by [research@mendochildren.org](mailto:research@mendochildren.org).

As a subscriber of FIRST 5 Mendocino, we'll periodically send you information via e-mail. If you wish to discontinue receiving these types of e-mails, you may opt out by [clicking here](#).

Powered by  
NonProfitEasy®

166 East Gobbi Street, Ukiah, CA, USA, 95482