

Youth Respite Services Quick Facts:

- This is a short term program designed to support youth ages 12-18 who are in crisis.
- Program services are FREE to youth & families. Services are grant funded.
- Youth will be placed in a licensed Tapestry Family Services, foster care home. Tapestry is governed by Community Care Licensing.
- Youth and parent/legal guardians must agree to services and provide signed permission to receive services for the respite placement to occur.
- Youth must be willing to follow all guidelines throughout their stay in the respite home. Non-compliance will disqualify respite.
- A youth worker from MCYP's Prevention & Early Intervention Program will work closely with youth who enter respite home services.
- Youth and parent/legal guardians are encouraged to meet through mediation services provided while the youth is in respite. The goal will be to work towards the youth returning to their home or into safe alternate permanent housing. Our staff are committed in assisting the youth and the family throughout the respite process.
- Respite home parents will make sure that the youth attends school and other obligations through out the youth's stay.
- Youth can stay up to 21 days in the respite home. At any point the parent/legal guardian or the youth can decide that they want to end respite placement
- Youth may not bring pets into a respite home.

Eligibility for Respite

- Runaway
- Homeless
- Conflict at home
- At risk of runaway
- Kicked out of home
 - Abuse
- Afraid to go home
- Youth and Parent /Guardian want Respite Services
- Foster care or group home runaway youth qualify through social worker, only in respite homes specific for wards of the court.

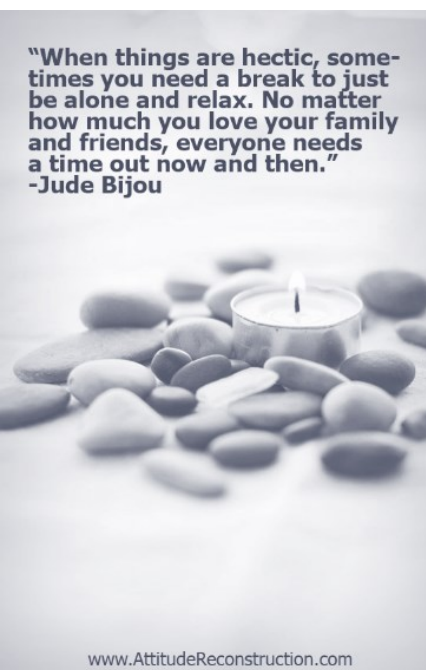
Ineligible for Respite

- Recent suicidal threat, suicidal ideation, suicide attempts or suicidal hospitalization
- Recent violent history, has harmed others or threatened to harm others.
 - Property damage history/theft charges.
 - Youth does not agree to Shelter Services
- Youth actively uses alcohol and/or other drugs (medical marijuana on case basis).
- Youth has a serious medical condition that requires care beyond respite providers ability.

Revised 8/2018

Youth Respite Services

Safe Housing for Youth
Ages 12-18



Tapestry Family Services

Foster Family Agency & Children's Mental Health Treatment Center

Respite Home Placement Process

If a youth meets the eligibility criteria for Respite then contact MCYP at (707)463-4915 and ask for the MCYP PEI program manager of the region you live in. After office hours call (707)463-HELP (4357) and request the on call youth worker.

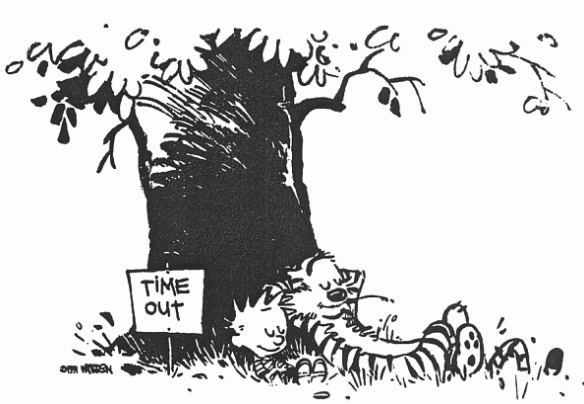
UKIAH: Carter Grissom: (707)463-4915

WILLITS: Aurelie Clivaz (707)489-1258

FORT BRAGG: Carla Leach (707) 489-8002

If a youth is already working with a MCYP youth worker they may request their support.

At the time of referral all youth must be assessed for Respite Eligibility by MCYP staff, and to ensure that both the youth and parent / guardian agree to Respite Services.



What happens when a youth qualifies for respite and both the youth and a parent/guardian agree to the Respite Services placement?

- Entry arrangements are made by the MCYP Youth Worker to secure placement with the Tapestry Family Services provider home.
- The youth worker makes arrangements to meet with the youth and parent/legal guardian (together or separate) to review program rules and sign all paperwork.
- A personal inventory of the youths in hand possessions is taken before they enter the respite home.
- The Youth Worker transports the youth to the respite home. The location of the home is confidential and is not disclosed to family or friends.
- Once a youth has arrived at the respite home the youth worker will facilitate the youths entrance into the home, introductions to the Foster Home parents and youth are made, and a discussion of rules and agreements is held, with all parties signing the agreements.
- The youth worker and youth map out meeting times, and the youths daily calendar.
- The Youth Worker and Youth set up their next meeting time.

What happens continued...

- Respite home parents are committed to making sure that youth attend school and other important obligations during the youth's stay.
- The youth worker works closely with the youth and the family in developing next steps and strategies moving forward.
- Parent/legal guardian and youth are encouraged to meet with the youth worker for mediation and/or be referred to community services with the goal of developing solutions for the youths return home or into a safe alternative housing environment.
- Youth can stay up to 21 days in the respite home, and at any point parent or youth can request to exit respite placement.



MENDOCINO COUNTY YOUTH PROJECT

776 S. STATE ST., UKIAH CA. 95482

(707) 463-4915 www.mcyp.org

servicing children, youth and families since 1974