



**If you are 60 or over, you may sign up  
For a FREE box of nutritious food**

**What is the Commodity Supplemental Food Program (CSFP)?**

This program works to improve the health of low-income seniors by supplementing their diets with nutritious USDA commodity foods.

**Who is qualified to participate in CSFP?**

Any Sonoma County senior (60 years and older) whose income is within federal guidelines (singles \$1,265.00 or less per month, couples \$1,705.00 or less per month) is qualified.

**What documents are necessary to enroll in CSFP?**

1. **Photo Identification**—Driver's License or California I.D.
2. **Proof of Income**— Social Security or SSI (paperwork or bank statement), Pension, TANF letter
3. **Proof of Age**—Birth certificate, Driver's License, State ID card

**What will each participant receive?**

Each eligible CSFP participant receives one **FREE** box (approximately 30 lb.) per month that contains a variety of foods such as cheese, cereal, dry/evaporated milk, juice, rice, pasta, peanut butter, canned meats, fruits and vegetables.

**Where shall I go to receive this food?**

Call the **Redwood Empire Food Bank** at 523-7900 and ask for Programs. We'll refer you to the closest location and answer all your questions.

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Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish).

"USDA is an equal opportunity provider and employer."

## **Commodity Supplemental Food Program (CSFP) in Lake County & Mendocino County**

### Lake County (run by Redwood Empire Food Bank)

#### **1<sup>st</sup> Monday**

- Clearlake, 1-3:00 p.m., Highlands Senior Service Center, Inc., 3245 Bowers Rd.

#### **1<sup>st</sup> Tuesday**

- Lakeport, 11:30-12:30 p.m., Seventh Day Adventist Church, 1111 Park Way.
- Finley, 2-3 p.m., Clear Lake Gleaners, 1896 Big Valley Rd.

#### **2<sup>nd</sup> Tuesday**

- Lower Lake, 10:30-11:30 a.m., Civic Center Park, Mill and 2nd Sts.
- Middletown, 1-2 p.m., Middletown Senior Center, 21256 Washington St.

#### **4<sup>th</sup> Monday**

- Lucerne, 10:00-11:00 a.m., Lucerne Alpine Senior Center, 3895 Country Club Ave. and 10<sup>th</sup>

### Mendocino County (run by Redwood Empire Food Bank)

#### **3<sup>rd</sup> Monday**

- Willits Senior Center, 9:30-10:30 a.m. plus home delivery, 1501 Baechtel Rd.,
- Lenore Apartments, 251 Lenore Ave, Willits, home delivery
- Oak Glen Apartments, 11:30-12:00 p.m. 1298 Locust St., Willits
- Baechtel Creek Apartments, 1:00-2:00 p.m., 61 Alder Court, Willits

#### **3<sup>rd</sup> Tuesday**

- Autumn Leaves Apartments, 10:45-11:45 a.m., 425 E. Gobbi Street, Ukiah
- Creekside Village Apartments, 1:00-1:30 p.m., 751 Waugh Lane, Ukiah
- Walnut Village Apartments, 2-2:30 p.m., 1240 N. Bush Street, Ukiah
- Jack Simpson Apartments, 3-3:30 p.m., 1050 N. Bush Street, Ukiah

#### **4<sup>th</sup> Monday**

- Plowshares, 1:45-2:45 p.m., 1346 S. State St., Ukiah

### Mendocino County (run by Mendocino Food and Nutrition)

**Every Monday, Wednesday, Friday 9-10:30 a.m.**

- Fort Bragg Food Bank, 910 N. Franklin St., Fort Bragg

**Monday-Friday, 8 am-3pm**

- Redwood Coast Senior Center, 790 N Harold St. Fort Bragg

#### **2<sup>nd</sup> Tuesday**

- Point Arena, 9 a.m.-12 p.m., VFW Hall, 24000 S. Hwy. 1, Point Arena

#### **2<sup>nd</sup> Wednesday**

- Cypress Ridge Senior Apartments, 12-1 p.m., 520 Cypress St., Fort Bragg

#### **2<sup>nd</sup> Thursday**

- Moura Senior Apartments, 12-1 p.m., 400 South St., Fort Bragg

#### **2<sup>nd</sup> Friday**

- Gualala Baptist Church, 11-12:30 p.m., 37300 Church St., Gualala

#### **3<sup>rd</sup> Tuesday**

- Anderson Valley United Methodist Church, 13850 Hwy. 128, Boonville

#### **3<sup>rd</sup> Thursday**

- Leggett, 2-4 p.m., 65100 Drive Thru Tree Road, Leggett

#### **3<sup>rd</sup> Friday**

- Laytonville Food Bank, 1- 2 p.m. Long Valley Garden Club, Harwood Rd., Laytonville